

SUFFOLK

Suffolk University SIB 550: Immersion in Israel - March 2024

UNIVERSITY



9 Nights

MARCH 08, 2024 - MARCH 17, 2024



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Our team

ABOUT US

We're a team of Israel-obsessed locals ready to take you on the trip of a lifetime around our exciting country. We aim to "unfold Israel" by immersing you in the experience of Israel. Hike a hidden trail, tour a historic site you've never heard of, taste unfamiliar flavors, meet someone who was born here and someone who immigrated – take it all in.

Become acquainted with contemporary Israel, its history, heritage, cuisine and culture.

And of course with the Via Sabra touch - the extra special care we devote to making every tour the best adventure of your life, at no extra charge, you'll find yourself transformed!

I invite you to join the Via Sabra community, discover Israel for yourself– and discover yourself!

Avihai Tsabari

Avihai Tsabari

CEO and founder of Via Sabra





Welcome to Israel!

DAY 1 FRIDAY, 08 MARCH 2024

- **Arrival at Ben Gurion airport** Meet your guide and driver who will transport you to your hotel.
- **Leisure evening at Tel Aviv**

Overnight: Crowne Plaza Tel Aviv Beach



Saturday in Tel Aviv

DAY 2 SATURDAY, 09 MARCH 2024

- Breakfast at your hotel
- Enjoy a day of leisure to explore and enjoy Tel Aviv on your own
- Welcome Dinner at a Local Restaurant (TBD)

Overnight: Crowne Plaza Tel Aviv Beach



Exploring the Galilee

DAY 3 SUNDAY, 10 MARCH 2024

- **Breakfast at your hotel**
- **Business visit (scheduled by the professor)**
- **Travel north**
- **Visit Nazareth** Set in the Lower Galilee, Israel's biggest Arab city, Nazareth, is a fascinating place. It combines traditional, simple Arabic charm, Christian history, and grand old Arabic architecture. Nazareth is home to many important early Christian sites, including the Basilica of the Annunciation, Mary's Well, and the Synagogue Church, as well as an authentic, living Arab souk (market).
- **Lunch in Nazareth** (Meal is included)
- **Continue to Tiberias and enjoy a boat ride on the Sea of Galilee** The best way to appreciate the beauty of the Sea of Galilee, where Jesus walked on water, is by taking a boat ride across the blue water, especially at sunset as the sky changes color and the sun sinks behind the dreamlike hills that surround the lake.
- **Return to Tel Aviv**
- **Dinner on your own**

Overnight: Crowne Plaza Tel Aviv Beach



Business Visits

DAY 4 MONDAY, 11 MARCH 2024

- Breakfast at your hotel
- Business visit (scheduled by the professor)
- Lunch (Meal is included)
- Business visit (scheduled by the professor)
- Dinner on your own And enjoy evening at leisure

Overnight: Crowne Plaza Tel Aviv Beach

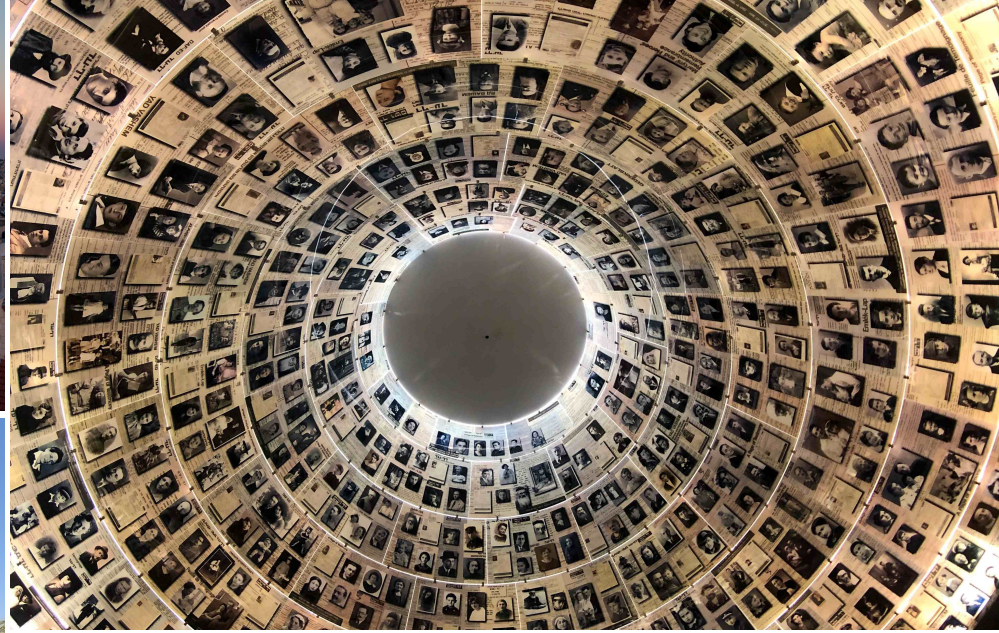


What These Shores Have Seen

DAY 5 TUESDAY, 12 MARCH 2024

- **Breakfast at your hotel**
- **Business visit (scheduled by the professor)**
- **Travel to Zichron Yaakov**
- **Lunch at a local restaurant (TBD) (Meal is included)**
- **Wine tasting at Tishbi Winery** Tishbi Winery was founded by Baron Edmund de Rothschild and the Chamiletzki family who were given the name Tishbi by the famous poet Chaim Nachman Bialik in 1925. Four generations have passed and Jonathan Tishbi still remembers harvesting by hand in his family's vineyards and bringing the wagons of grapes to be pressed in the nearby winery that still follows the traditional growing methods passed on to him by father and grandfather.
- **Continue to Caesarea Bird Mosaic** Discover the Bird Mosaic located in a public park in Caesarea. The mosaic was originally part of a large 6th century mansion. In 1955, archaeologists excavated a hilltop 500 meters outside of the Byzantine city wall in Caesarea. A large mosaic floor was discovered dating from the 6th Century CE.
- **Finish the day at Aqueduct Beach** The Aqueduct Beach, Caesarea is a beautiful and historic beach in Israel, where you can see the remains of a Roman aqueduct that supplied water to the ancient city of Caesarea. The beach is located a few kilometers north of the main archaeological park, and offers a stunning contrast between the golden sand, the blue sea, and the stone arches.
- **Return to Tel Aviv** Dinner on your own and enjoy evening at leisure

Overnight: Crowne Plaza Tel Aviv Beach

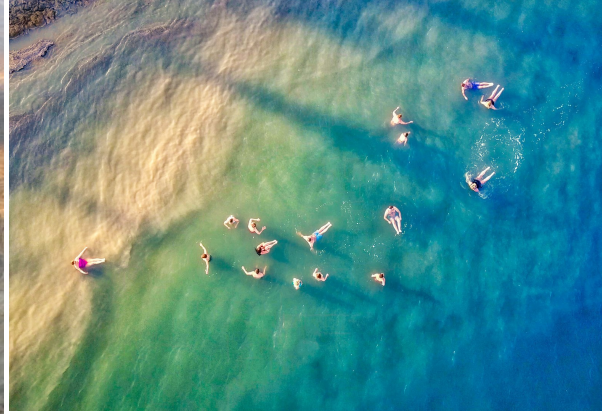


Jerusalem - Holy to All

DAY 6 WEDNESDAY, 13 MARCH 2024

- **Breakfast at your hotel** And check out from hotel
- **Depart for Jerusalem**
- **Visit the museum at Yad Vashem, Israel's National Memorial to the Holocaust** Tour this memorial to the darkest moment in the world and Jewish history, its children's memorial, and exquisite gardens. Yad Vashem is an unforgettable place of tribute and remembrance. You'll be guided by a member of the Yad Vashem staff.
- **Lunch in the Old City** (Meal is included)
- **Tour Jerusalem's Old City and meet the people and places that make this place so unique** In the Jewish Quarter, uncover the layers of Jewish history from the time of the First Temple until the present day. In the Christian Quarter, visit the Church of the Holy Sepulchre. Throughout the tour explore the complexity of a city that is holy to the three major religions - Judaism, Christianity, and Islam.
- **Check in to hotel**
- **Dinner at a local restaurant (TBD)** (Meal is included)

Overnight: Ibis Styles Jerusalem City Center



The Lowest Place on Earth

DAY 7 THURSDAY, 14 MARCH 2024

- **Breakfast at your hotel** And check out from hotel
- **Masada National Park** Ascend the mountain from the east (via cable car) to explore Masada, scene of the epic stand by Jewish rebels at the end of the Great Revolt against Rome nearly 2,000 years ago. The new museum at the Visitor Center reveals the secrets of the daily life of the rebels, the story of the excavations, and how the site became one of Israel's most important symbols.
- **Lunch** (Meal is included)
- **Dead Sea Float** At 1,300 feet below sea level, the Dead Sea is the lowest point on earth. Known in Hebrew as "The Sea of Salt", it is also one of the saltiest lakes in the world - with about 34.2% salinity. This is a stunning, other-worldly landscape of shimmering blue water ringed by bare, orange and yellow hills. The waters of the Dead Sea hold a potent solution of minerals and salts that have strong healing properties. Together with its ethereal beauty, these health-giving minerals make the Dead Sea's beaches and spas popular vacation spots for Israelis and tourists alike.
- **Continue to Tel Aviv** And check in to hotel
- **Dinner on your own** And enjoy evening at leisure

Overnight: Crowne Plaza Tel Aviv Beach



Explore Tel Aviv

DAY 8 FRIDAY, 15 MARCH 2024

- Breakfast at your hotel
- Enjoy a day of leisure to explore and enjoy Tel Aviv on your own
- Prepare for Shabbat dinner And travel to the hosting family
- **Shabbat Dinner** Enjoy an authentic and intimate Shabbat dinner in a private home and understand why Friday night is family time and what it means to Israelis. (Meal is included)
- Return to hotel

Overnight: Crowne Plaza Tel Aviv Beach



Jaffa - A Window to The Middle East

DAY 9 SATURDAY, 16 MARCH 2024

- **Breakfast at you hotel** And check out from hotel
- **Enjoy morning on your own** To rest to explore Tel Aviv
- **Meet group in the hotel's lobby**
- **Tour Old Jaffa** Jaffa is one of the most ancient port cities in Israel and the Mediterranean basin. Today, Jaffa is a mixed city, where Jews and Arabs live alongside each other. Tel Aviv, Jaffa's younger sister, was established centuries later, in the year 1909. Though the two were united into one municipality in 1949, each part has retained its unique feel and atmosphere. Jaffa has been regenerated in recent years with the old narrow streets and courtyards becoming a highly popular part of Tel Aviv's urban tapestry.
- **Farewell dinner at a local restaurant (TBD)** (Meal is included)
- **Transfer to Ben Gurion International Airport**



L'hitraot!



Farewell!

DAY 10 SUNDAY, 17 MARCH 2024

- **Farewell!** We hope to host you again in our beautiful country!

Unfolding Israel VIA SABRA

Via Sabra gave us an Israel experience like no other. The bookings, the guides, where we went, everything was a joy, the perfect combination of touring, learning and fun.

Stephen K



Not only was the experience reflective of top-notch quality and superb attention to detail, you were treated like family.

Elizabeth



It was the most interesting, delicious, fun trip that we have ever had to Israel and quite frankly, anyplace! Our tour guide brought everything alive for us and filled our days with so many adventures. Cannot recommend this enough.

Ariel P

