

EI2023 Pre-Trip Shabbat in Jerusalem with Rabbi Zimmerman and Rabbi Moss



Celebrate 75 Years of Independence as a CommUNITY

Apr 13 - 16, 2023 (4 days, 3 nights) **Cost:** \$1,400 pp/double occupancy, single supplement: \$450 (4*) \$1,850 pp/double occupancy, single supplement: \$850 (5*)

- Meet in the lobby of Dan Panorama Jerusalem hotel at 6:30 PM
- Mimouna dinner in a private home Mimouna is the festival that closes Passover and is marked by festive foods, especially desserts.
- Enjoy the night scene at Machane Yehuda Market The shuk is the place to be on a Thursday night - the beginning of the weekend in Israel. Enjoy the hustle and bustle with all the rich fragrances, colors, and sounds this iconic Jerusalem market offers.

 Optional - Visit challah bakeries in the Mea Shearim Ultra-Orthodox neighborhood - Mea She'arim Street is a picture frozen in time, a street from a Jewish shtetl in Poland. On the other hand, on Malkhei Yisrael Street, there are falafel, pizza, and juice stands, and delicatessens that sell herring and pickled vegetables. Explore the small alleys and streets of the Geula and Beit Yisrael neighborhoods on foot on Thursday evening, when the challah bakeries work all night to prepare for shabbat.

Dress Code:

This tour takes place in Jewish, Ultra-Orthodox areas. Please note the standards of modesty with regards to clothing. For men, this includes wearing shirts with sleeves, and long, or three quarter-length trousers. For women, this includes wearing shirts with sleeves and higher necklines, and long trousers or long skirts.

Overnight - Dan Panorama Jerusalem

DAY 1 Thursday, April 13

DAY 2 Friday, April 14



• Breakfast at the hotel

• To see Jerusalem in depth and close up, tour Jerusalem's Old City with a professional photographer - This tour combines visits to historical sites, with a workshop in photography. Walk down the alleys and explore hidden corners while learning to create good compositions with the ambient light.

• Lunch and Conversation at Feel Beit - Feel Beit is a cultural home for creating art, expanding perspectives, and imagining new ways forward for Jerusalem. "We are a group of Israelis and Palestinians who create art and music to bridge divides in Jerusalem. Everything we present is rooted in love for the diverse people of this place. We are driven by the conviction that when all else breaks down, art and music must break through." Mekudeshet, housed in Feel Beit, is an award-winning, cultural organization that creates original art and music to reimagine Jerusalem from being a center of conflict into a laboratory for connections between people of all kinds.

- Free time and prepare for Shabbat
- Kabbalat Shabbat and home hospitality with Kehillat Yozma in Modiin
- Overnight Dan Panorama Jerusalem

DAY 3 Saturday, April 15



Breakfast at the hotel

• **Optional yoga with Yoga Synagogue Ah** - Yoga Synagogue Ah followers find themselves practicing yoga in the most inspirational settings in Jerusalem. Join the group's founder, Laura Gilinski, for a session to guide you into Shabbat.

• **Shabbat morning walk and prayer** - Explore the Jerusalem Hills at the beautiful Sataf forest for a walk and prayer experience. The Sataf is on the site of ancient agricultural terraces which date back to the time of the ancient Israelites. If it's warm enough, there's even an option to take a dip in some of the natural springs. Along the way, forage for edible plants.

• Lunch at Majda restaurant - Majda is a restaurant in the Jerusalem Hills village of Ein Rafa, famous for its innovative fusion cuisine, beautiful property, and views from its rooftop, as well as an appearance on Anthony Bourdain: Parts Unknown. The menu is full of creative local dishes all prepared by Yakub and Michal, the Arab-Jewish couple who own Majda.

• **Performance by Helen Gottstein** - *Four Faces of Israel* is an interactive program on modern-day Israel: its challenges, its divisions, its history, its passions, and its people. The four characters convey a great deal of information on the nature of the state, Middle East history, modern Jewish identity, and the complex challenges Israel faces.

- Havdalah with your group Usher out Shabbat with Havdalah outdoors in the rich Jerusalem air.
- Dinner on your own
- Overnight Dan Panorama Jerusalem

DAY 4 Sunday, April 16

EXPERIENCE



• Breakfast at the hotel

 $_{\odot}$ 7:00 AM Walking tour with Rabbi Zimmerman (details to follow)

• Join the Experience Israel 2023 Mission!



Trip Organized By:

MINNEAPOLIS Jewish Federation Tour Operated By:

